

DISTRICT REPORT

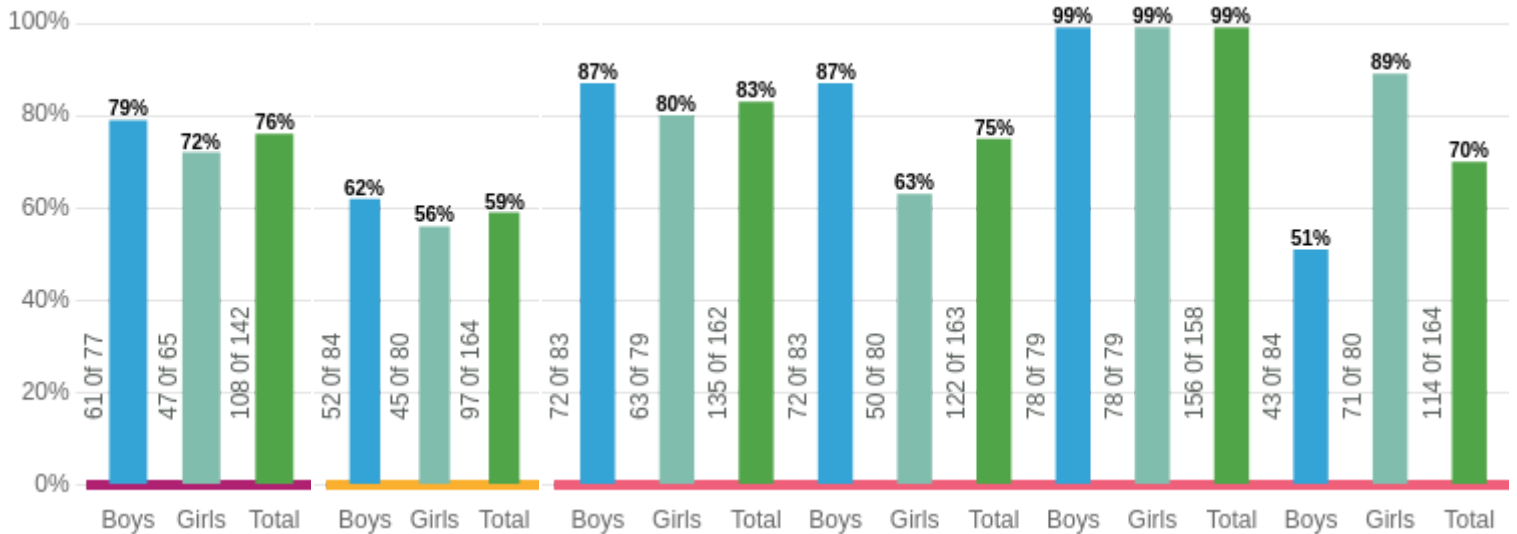
Summary

O'DONNELL IND SCHOOL DISTRICT

05/10/2024

Grades : KG - 12 | Pre, Post | 8/24/2023 to 8/23/2024

✔ STUDENTS IN HEALTHY FITNESS ZONE (HFZ)



Heart Health

Aerobic Capacity

Body Health

Body Composition

Muscle Fitness

Upper Body Strength / Endurance

Abdominal Strength / Endurance

Trunk Extensor Strength

Flexibility

⚠ STUDENTS IN NEEDS IMPROVEMENT ZONE (NI)

NI: Needs Improvement

NI-HR: Needs Improvement - Health Risk

VL: Very Lean

For more information please visit cdc.gov/healthyweight

Heart Health

Aerobic Capacity

Body Health

Body Composition

Muscle Fitness

Upper Body Strength / Endurance

Abdominal Strength / Endurance

Trunk Extensor Strength

Flexibility

Boys

21%

(16 Of 77)

NI-HR: 13% | NI: 8%

38%

(32 Of 84)

NI-HR: 20% | NI: 14% | VL: 4%

13%

(11 Of 83)

13%

(11 Of 83)

1%

(1 Of 79)

49%

(41 Of 84)

Girls

28%

(18 Of 65)

NI-HR: 12% | NI: 15%

44%

(35 Of 80)

NI-HR: 21% | NI: 20% | VL: 3%

20%

(16 Of 79)

38%

(30 Of 80)

1%

(1 Of 79)

11%

(9 Of 80)

Total

24%

(34 Of 142)

NI-HR: 13% | NI: 11%

41%

(67 Of 164)

NI-HR: 21% | NI: 17% | VL: 3%

17%

(27 Of 162)

25%

(41 Of 163)

1%

(2 Of 158)

30%

(50 Of 164)